



# IMPORTANT CONTACT INFORMATION

FOR YOUR HEALTH PLAN

For help in understanding your benefits, questions and general plan guidance, please contact our Member Care Team:

+ 971 4 404 0117

**+44 808 101 3483** or **+44 333 405 3003** 

member-care@salama.ae

# 24/7 PRE-AUTHORISATIONS AND CLAIMS

All hospital stays, outpatient surgery, medical transportation (except for local emergency transportation) or medical procedures over \$500 must be pre-authorised. Pre-authorisations are easy and only take a few minutes of your time.

Please allow at least 2-5 business days for the pre-authorisation to be processed. You must notify us at least five business days prior to a scheduled or elective admission or treatment plan. For an emergency hospitalisation please notify us within 48 hours of admission.

The GCC countries are defined as Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates.

# WITHIN THE UAE AND GCC 800 4882 or +971 4 390 0749

(For local numbers please refer to your MedNet card)

customerservice@mednet.com

OUTSIDE OF UAE AND GCC +1 905 532 3648 globalservice@generalihealth.com

## 24/7 EMERGENCY MEDICAL ASSISTANCE OR EVACUATION

To find a doctor or hospital, submit claims online, view previously submitted claims and/or obtain claim status:

+1 905 532 3648

www.mednet-global.com



DOWNLOAD
the yourHealth - Integra Global app





# **EXPAT ASSISTANCE PROGRAMME** (EAP)

Connecting you to better health and well-being.

Professional counselling support and consultation available worldwide, day or night, 365 days a year.

The new EAP benefit reflects our continuing commitment to your well-being and privacy. We encourage you to use the EAP anytime you need it.

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CALL

Call Morneau Shepell and identify yourself as part of Generali Global

Hong Kong: **001 800 2685 2111** 

UAE: **800 014 4830**Egypt: **0 800 000 0422**Saudi Arabia: **800 814 0011**South Africa: **00 800 2685 2111**Turkey: **00 800 142 047 952** 

Or call Canada and reverse the charges:

+1 905 886 3605



### **ONLINE E-COUNSELLING**

Register top right, organisation name is Generali Global and answer 'yes' to the question.

www.workhealthlife.com



## MY EAP app

Download the Morneau Shepell My EAP app









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TABLE OF BENEFITS	YOUR TEAM
	Premier
Policy year maximum plan benefit AED Policy year maximum plan benefit \$USD	AED 7,350,000 \$2,000,000
HOSPITALISATION BENEFITS	
Accommodation Semi-private room hospital cash benefit	Private room AED 200/\$55 per day benefit
Inpatient treatment, daypatient, operating theatre and recovery room, prescribed medicines, drugs and dressing for inpatient or daypatient treatment	100%
Intensive care unit	100%
Inpatient ancillary services including physical and occupational therapy as daypatient or inpatient	100%
Surgeons' and anaesthetists' fees	100%
Inpatient consultation by specialist	100%
Emergency room	100%
Pathology, radiology, and diagnostic tests	100%
MRI, CT and PET scans	100%
Private duty nursing (Policy year maximum)	AED 55,000 \$15,000
Skilled nursing facility (Policy year maximum)	AED 55,000 \$15,000
Home health care (Policy year maximum)	AED 55,000 \$15,000
Hospice care services (Policy year maximum)	AED 75,000 \$20,000
Emergency dental treatment (as a result of accident)	100%
Cancer treatment	100%



TABLE OF BENEFITS

Premier

Child and companion accompaniment

Companion accommodation in same room due to inpatient medical necessity. Pre-approval is necessary.

Prescribed hearing aids in the event of an emergency treatment

Laser eye surgery and optional aids in the event of an emergency treatment

MANAGED TRANSPLANT PROGRAMME

(as part of the overall organ max.) \$250,000

Transplant must be pre-certified and approved by us. Failure to comply will result in treatment not being covered by your policy.

PREVENTATIVE BENEFITS	
Diabetes tests Aged 30 and onwards every three years, high risk individuals over 18; annually	100%
Annual pap smear	100%

#### OUTPATIENT BENEFITS

Organ transplants maximum lifetime

Tissue transplants

The choice of three different co-pay options. The option chosen applies to all out-patient benefits in this section and where explicitly noted in other sections.

OPTION OP100	100%
OPTION OP90	90%
OPTION OP80	80%
Surgery as outpatient	YES
Physician office visits and specialist fees	YES
Diagnostic and therapeutic services (as outpatient, per visit)	YES

AED 1,800,000 \$500,000

AED 900,000



**TABLE OF BENEFITS** Physical therapy 100% (as outpatient, per visit) max 50 visits pre-authorisation required Occupational therapy 100% (as outpatient, per visit) max 50 visits pre-authorisation required Chiropractic services 100% Policy year maximum for chiropractic services AED 5,500 \$1,500 Referral letter required from medical physician Prescription programme 100% Complementary medicine AED 5,500 \$1,500 Including TCM, bonesetting, acupuncture, herbal medicine, homeopathy and osteopathy Outpatient ante-natal services 100% Pregnancy, normal delivery 100% AED 75,000 \$20,000 100% Complicated pregnancy AED 110,000 \$30,000 Routine nursery, included under Maternity Benefits as any other treatment including room and board, physician charges and circumcision for males prior to discharge. New born cover 30 days maximum; neo-natal screening test AED 150,000 \$40,000 Included in New Born Cover are premature births, congenital conditions and birth anomalies. AED 150,000 Emergency treatment \$40,000 Essential vaccinations and inoculations as stipulated in DHA's policies for children 100%



**TABLE OF BENEFITS** AED 2,700 **ADULTS** \$750 Routine physical exams in connection with overall health and wellbeing 100% Mammograms: ages 35-39 one baseline exam; ages 40-49 one exam every one or two years for 100% asymptomatic women, but no sooner than two years after baseline; age 50 and over one exam annually; any age whenever prescribed by a physician Prostate cancer screening: one test per policy year for males age 50 or over 100% Immunizations and vaccinations 100% CHILD(REN) Maximum per policy year: birth to age 12 months AED 1.800 \$500 Maximum per policy year: 13 months and over AED 1,100 \$300 Routine medical exams 100% Child preventive care services 100%

Six-month waiting period applies to all Wellness Benefits but waits are waived for policies that are paid annually. Overall Wellness Benefit maximums apply to all routine and wellness benefits for adults and children.

VISION CARE COVER	100%
Maximum per 24-month period Six-month waiting period applies to Vision Care Cover but waits are waived for policies that are paid annually.	AED 1,100 \$300

### DENTAL PLAN OPTION PLAN FEATURES

Hearing tests

Elected co-pay option applies for all outpatient benefits in this section.

CLASS I EXPENSES Diagnostic - general preventive	AED 11,000 \$3,000
CLASS II EXPENSES Restorative (basic); endodontics; periodontics; prosthodontics – removable (maintenance); fixed bridge (maintenance); oral surgery	AED 10,000 \$2,700
CLASS III EXPENSES Restorative (major); prosthodontics – removable (installation); fixed bridge (installation)	AED 6,600 \$1,800

Orthodontic and Class III services are available after 6 months of continuous enrollment in the Dental Plan. Orthodontic services are only available for children under 18 years of age.

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100%



YOUR TEAM **TABLE OF BENEFITS** 100% Medical evacuation and assistance 24/7 Emergency medical assistance hotline YES Repatriation of mortal remains 100% Family emergency travel 100% AED 18,500 \$5,000 Repatriation accompaniment 100% AED 18,500 \$5,000 Repatriation family accompaniment 100% AED 11,000 \$3,000 Best possible outcome programme 100% A dedicated diagnosis verification and treatment planning care management programme. In the event that you are diagnosed with a specified critical illness, the programme provides access to an appropriate specialist who will remotely review your medical reports to confirm your diagnosis and advise, in conjunction with your treating physician on your treatment options, to provide the best outcome. Advanced health screening programme YES Ages 40-50 one high level physical examination every three years AED 3,600 \$1,000 Ages 50+ one high level physical examination every three years AED 5,500 \$1,500 Blood care programme YES A blood care programme that delivers screened blood, in an emergency, to its members in any part of the world. eHealth records account YES Elected co-pay option applies for all outpatient benefits in this section. Policy year maximum for mental health benefits (inpatient and outpatient) AED 92,000 \$25,000 Policy year mental illness, maximum 15 visits (out-of-hospital) AED 9,200 \$2,500 per policy year AED 150,000 Emergency treatment \$40,000



TABLE OF BENEFITS

YOUR TEAM

Premier

Operated by Morneau Shepell, provides assistance with the following types of issues often faced by expatriates: how to cope with isolation and loneliness, adapt across cultures, identify and cope with culture shock, address the personal impact of the relocation, strengthen relationships, improve communication, work towards life goals, deal with stress, anxiety and depression, address alcohol and drug misuse, resolve marital and relationship difficulties, find solutions for work-related issues, access crisis and trauma support while on assignment, discover ways to improve your nutrition in your new environment, focus on your health with natural healing strategies.

#### POCLINE

Access to Political, Civil Unrest and Natural Disaster (POCUND), we've teamed up with Northcott Global Solutions (NGS) giving access to solutions for international emergencies within minutes or hours. Option to upgrade to full cover.

ACCIDENTAL DEATH AND DISMEMBERMENT \$100,000
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Also available as an optional benefit on all plans.

HIV/AIDS TREATMENT	YES
Policy year maximum (inpatient and outpatient)	AED 92,000 \$25,000

Elected co-pay option applies for all outpatient benefits in this section.

DURABLE MEDICAL EQUIPMENT	YES
Policy year maximum	AED 75,000 \$20,000

Elected co-pay option applies for all outpatient benefits in this section.

CHRONIC CONDITIONS	YES	

Chronic conditions are treated like any other condition under the policy. Elected co-pay option applies for all outpatient benefits in this section.

PRE-EXISTING CONDITIONS	
Policy year maximum plan benefit	AED 150,000 \$40,000

Policy year maximum benefit for pre-existing conditions may be waived for MHD Underwriting for pre-existing conditions that are declared and that we agree to cover beyond the Policy Year Maximum Benefit in this section.

Pre-existing conditions are excluded for the first six months if newly arrived to the country or if the member did not have any form of health insurance prior to taking out this cover. Six-month wait waived for MHD terms for groups over 25 insured.



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TABLE OF BENEFITS	YOUR TEAM
	Premier
CONGENITAL CONDITIONS	
Policy year maximum plan benefit	AED 150,000 \$40,000

Elected co-pay option applies for outpatient benefits in this section.

OPTIONAL ADD-ONS	
POCUND Political, Civil Unrest and Natural Disaster (POCUND) giving solutions for international emergencies within minutes or hours.	Option available AED 92,000 \$25,000
Blood care programme A blood care programme that delivers screened blood, in an emergency, to its members in any part of the world.	Included in cover
Complementary medicine Including TCM, bonesetting, acupuncture, herbal medicine, homeopathy and osteopathy	Included in cover
Emergency cover for US  Emergency non-elective treatment only	Option available AED 184,000 \$50,000
Accidental death and dismemberment	AED 365,000 \$100,000 included in cover additional cover available



YOUR TEAM **TABLE OF BENEFITS** 

In the event of an accidental death or dismemberment of the primary insured the insurer pays a lump sum benefit equal to the principal sum subject to a maximum benefit multiplied by a percentage as shown below.

Loss of life	100%
Loss of sight of both eyes	100%
Loss of both hands or arms	100%
Loss of both feet or both legs	100%
Loss of one arm and one leg	100%
Loss of sight of one eye	50%
Loss of one foot or one leg	50%
Loss of one hand or arm	50%

N.B. Benefits cannot exceed two times annual salary.

# Cover Region 1 - Worldwide including US and their territories

For Cover Region 1 - please note that benefits listed above are only applicable when using our First Health Network. The First Health Network is one of the largest networks in the US with over one million health care professional service locations. Our network covers over 98% of the US population who are within 10 miles of a participating network physician and within 20 miles of a participating network hospital. Benefits outside of network are reduced to 70% and co-insurance does not count toward out of pocket max.

Please note that Cover Region 1 is limited to 180 days in the US in any 12-month period. For Cover 1 policy start dates are 1st, 11th and 21st of each month only.

# Cover Region 2 - Worldwide but excluding US and their territories

Cover Region 2 - does not include any cover for US and their territories

Choice of three different network options. Each network is extensive with over 1,000 medical providers in the UAE. Access to other MedNet networks within the Gulf region is included.

### GOLD / SILVER PREMIUM / SILVER CLASSIC

Please note that you may go outside your chosen network on a 'pay and claim' basis. However, we may not be able to settle the claim in full where the cost is higher than what is 'reasonable and customary' for your chosen network level.

A better future

Good healthcare is an investment in the future.
That's why we're proud to offer the kind of
comprehensive care that will help your employees
thrive — and help your business thrive — for the
long term. Enrolling your staff with Integra Global
is easy. Get in touch today to find out more.

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